



Fall 2012 Schedule						
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:00 AM	Ind/Grp Training					
12:00 PM	Ind/Grp Training					
1:00 PM	Set Group Class Ind/Grp					
2:00 PM	S &Speed (2-2:30) Ind/Grp					
3:00 PM	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training
4:00 PM	Ind/Grp Training	Set Group Class Ind/Grp	Set Group Class Ind/Grp	Ind/Grp Training	Set Group Class Ind/Grp	Ind/Grp Training
5:00 PM	Ind/Grp Training	S &Speed (5-5:30) Ind/Grp	S &Speed (5-5:30) Ind/Grp	Ind/Grp Training	S &Speed (5-5:30) Ind/Grp	Ind/Grp Training
5:30 PM	Ind/Grp Training	Set Group Class Ind/Grp	Set Group Class Ind/Grp	Ind/Grp Training	Set Group Class Ind/Grp	Ind/Grp Training
6:00 PM	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training	Ind/Grp Training

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